

BREAKFAST

Served until 11.30am

Fed & Watered
-CAFE & BAR-



FULL ULSTER FRY

Free ranged fried egg, portabello mushroom, Irish smoked back bacon, Irish black pudding
Two Northern Irish pork sausages, plum tomatoes, soda bread & potato bread

£10.25



VEGETARIAN BREAKFAST

Crushed avocado & poached egg on toasted sourdough with cherry tomatoes & pumpkin seeds
(GF & Vegan option available)

£8.95



SODA

Served with Northern Irish pork sausage, smoked back bacon & free ranged fried egg

£6.75



SCRAMBLED EGG

Made with cream & served with roasted plum tomato & a choice of white or wholegrain toast
(GF option available)

£6.75

PANCAKES

Three homemade buttermilk pancakes served as is
or with Irish back bacon & maple syrup

£6.50

£7.25

WHITES PORRIDGE

With dried fruit & honey

£4.65

CHORIZO & MANCHEGO FRITTATA

Served on bed of leaves & topped with hollandaise

£8.95

BANANA BREAD

Served with vanilla cream cheese, berry puree & honey

£6.25

BAKERS BASKET

Selection of our breads – toasted soda, white or wholegrain bread & sourdough with preserves & butter

£3.95

HOT MAINS

Served from 11.30am

BRAISED IRISH BEEF CHEEK

Parmesan & olive oil mash topped with beef jus (GF)

£12.95

COD & CHIPS

Line caught battered cod with chunky chips, mint pea hummus & homemade tartar sauce

£11.95

CHICKEN BREAST

Thyme & garlic infused served with crushed rosemary buttered potatoes (GF)

£10.95

SALAD

Heritage beetroot, apple, tomato with feta cheese with a choice of -
roasted chicken or serano ham (GF)

£9.25

SUPERFOOD SALAD

Mixed greens, beetroot, walnuts, spinach, carrot, boiled egg, butternut squash & balsamic glaze

£9.25

Add whipped goats cheese £1.50

(GF & Vegan option available)

TART

Five mile town goat's cheese & caramelised red onion tart on a bed of salad & naked slaw

£9.95

(Vegetarian)

SMOKED MACKEREL PATE

Picked fennel & red onion salad with toasted sourdough

£6.95

(GF option available)

Food Allergies and Intolerances:

Before you order your food and drinks please speak to our staff if want to know about our ingredients

BURGER MENU

All served in a toasted brioche bun

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CHICKEN

£12.25

Grilled chicken breast, parmesan, aioli, rocket & sundried tomato with fries
(GF option available)

BEEF

£11.95

100% Irish beef topped with Applewood cheese, smoked back bacon, & Ballymaloe relish with parmesan fries

PORK

£10.95

Asian style BBQ pulled pork topped with naked slaw, pickled cucumber & fries

YOUNG GUESTS MENU

SERVED FROM
11.30am

Available to under 12's only

All £5.95

Chicken with chips or house salad

Sausages with skinny fires

Frittata – baked eggs with meat & cheese

Flat bread topped with mozzarella & a choice of pulled pork or chicken

WE HOPE YOU ARE WELL

Fed & Watered

& READY TO FLY

We value your feedback, please feel free to contact us on comments@mountcharles.com